

An integrated view of life segments

LA experiences (Hungary)

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We are...

Among the jobs of future...today #1



Productivity Counselors: With the emphasis on productivity and “making a difference,” coupled with new tracking technologies, people will need help refining their lives to improve their productivity, combining ergonomics, wellness, time management and career counseling.

We are...

Among the jobs of future...today #11



Quantified Self Personal Trainer: A health trainer who not only recommends and curates diets, but also analyzes personal and fitness routine data to create optimum personal life choices.

Traditional licensing model

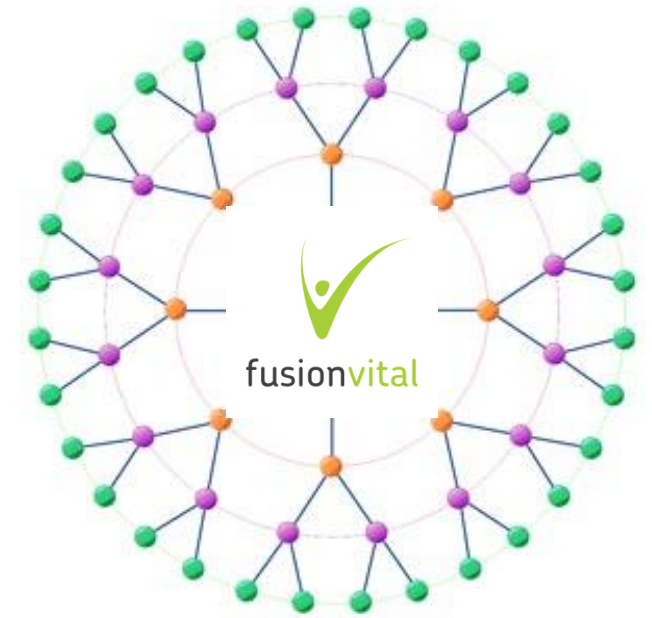
Integration with company culture



- Courses for internal coaches & trainers
- Customized assessments & F2F consultancy
- Summarizing workshop incl. Board members

Collaborative-model

Focusing on integrated knowledge



- Network-based business model
- For the self-employed freelancer experts

Coach / trainer / personal trainer / doctor / psychologist / researcher...

- Brings business both for Fusion Vital and each other

R&D project 1.

Integration with psycho-profiles



STRESS / RECOVERY

work,
leisure and
sleep

Psycho
profiles

5 EMPLOYEE CLUSTERS

- Natural coping (1)
- Opened for intervention (3)
- Not cooperative (1)

LA
Measure-
ments

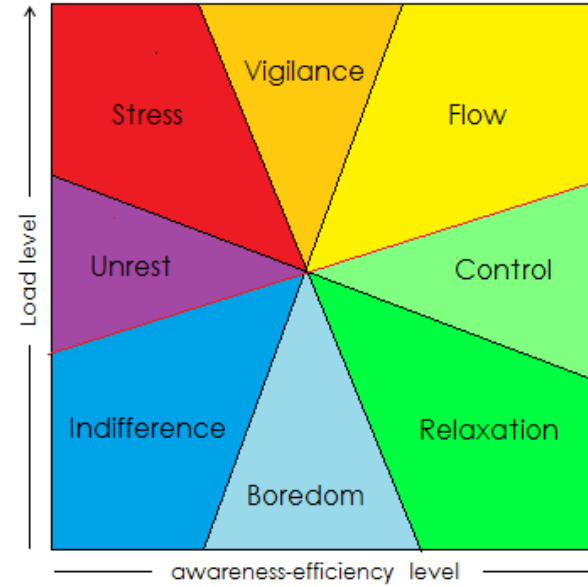
Lifestyle
features

- Smoking
- Alcohol
- Sport
- BMI



R&D project 2.

Integration of EEG & HRV technologies



- Stress reduction / active relaxation for a greater performance
- Mental measurement and improvement of sportsmen
- Improving learning capabilities

R&D project 3.

Integration of subjective and objective methods



SIZE Prozess personality profiles w designed questionnaire

- strengths
- talents
- behavioral traits and preferences
- contact and communication patterns
- development potentials
- success- and stress-patterns



Sustainable workplace

Beyond LA - further ways as options



- Personal coaching
- Orientation towards specialist
- OD projects
- Implementing corporate policies
- Company culture
- Infrastructure
- Workstyle organizing

Balancing your life.



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